

Zad_e_Rah

(Provision for Journey)

Masnun supplications to be recited during
Hajj and Umrah

وَتَزَوَّدُوا فَإِنَّ خَيْرَ الزَّادِ التَّقْوَى

(البقرة:197)

"And take provisions, but indeed, the best
provision is fear of Allah ."

(Al-Baqara:197)

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

In the name of Allah, the Entirely Merciful, the Especially Merciful.

Dua by the traveller to his family

• اَسْتَوْدِعُكُمْ اللَّهَ الَّذِي لَا تَضِيْعُ وَدَائِعُهُ (سنن ابن ماجه)

"I entrust you all to Allah with Whom entrusted possessions are never wasted."

Dua by the family member for the traveller

• اَسْتَوْدِعُ اللَّهَ دِيْنَكَ وَ اَمَانَتَكَ وَ خَوَاتِيْمَ عَمَلِكَ (جامع ترمذی)

"I entrust to Allah your religion, what you are responsible for, and your final deeds."

Dua at the time of departure from home

• بِسْمِ اللَّهِ تَوَكَّلْتُ عَلَى اللَّهِ لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ (سنن ابی داؤد)

"In the name of Allah, I place my trust in Allah; there is no might and no power but in Allah"

• اَللّٰهُمَّ اِنِّيْ اَعُوْذُ بِكَ اَنْ اَضِلَّ اَوْ اُضِلَّ اَوْ اُزِلَّ اَوْ اُزَلَ اَوْ

اُظْلِمَ اَوْ اُظْلَمَ اَوْ اُجْهَلَ اَوْ يُجْهَلَ عَلَيَّ (سنن ابى داؤد)

"O Allah! I seek refuge in You lest I misguide or I am misguided, or I slip or am made to slip, or I oppress (anyone) or be oppressed (by anyone), or I behave ignorantly (towards anyone) or someone behaves ignorantly towards me."

When placing the foot on transport

"In the name of Allah " (3 times) • بِسْمِ اللّٰهِ

After placing a foot on transport

"All Praise is for Allah" (3 times) • اَلْحَمْدُ لِلّٰهِ

"Allah is the Greatest" (3 times) • اَللّٰهُ اَكْبَرُ

• سُبْحٰنَ الَّذِىْ سَخَّرَ لَنَا هٰذَا وَمَا كُنَّا لَهٗ مُقْرِنِيْنَ ۝ وَاِنَّا اِلٰى

رَبِّنَا لَمُنْقَلِبُوْنَ ۝ (الزحرف:13-14)

"Exalted is He Who has subjected this to us, and we could not have [otherwise] subdued it. And indeed we, to our Lord, will [surely] return."

• سُبْحَانَكَ إِنِّي قَدْ ظَلَمْتُ نَفْسِي فَاغْفِرْ لِي فَإِنَّهُ لَا يَغْفِرُ الذُّنُوبَ إِلَّا أَنْتَ (جامع ترمذی)

"Glory be to You! I have wronged my soul, forgive me, for surely none forgives sins except You."

• اَللّٰهُمَّ اِنَّا نَسْئَلُكَ فِي سَفَرِنَا هَذَا الْبِرَّ وَالتَّقْوٰى وَمِنَ الْعَمَلِ مَا تَرْضٰى، اَللّٰهُمَّ هَوِّنْ عَلَيْنَا سَفَرَنَا هَذَا وَاطْوِعْنَا بَعْدَهُ، اَللّٰهُمَّ اَنْتَ الصّٰحِبُ فِي السَّفَرِ وَ الْخَلِيْفَةُ فِي الْاَهْلِ، اَللّٰهُمَّ اِنِّيْ اَعُوْذُ بِكَ مِنْ وَعْثَاءِ السَّفَرِ وَ كَاِبَةِ الْمَنْظَرِ وَ سُوءِ الْمُنْقَلَبِ فِي الْمَالِ وَ الْاَهْلِ (صحيح مسلم)

"O Allah, Indeed we ask You in this journey of ours, righteousness, piety and deeds which are pleasing to

You. O Allah make this journey easy for us and lessen its distance. O Allah indeed You are our Companion on this journey and the guardian of our family. O Allah, I seek refuge in You from the hardships of the journey and from seeing bad things and from an evil return towards my wealth and family."

During Journey

While ascending (Plane / Mountain)

"Allah is the Greatest." • اللَّهُ أَكْبَرُ

While descending

"Glory be to Allah." • سُبْحَانَ اللَّهِ

Upon staying at some place

• رَبِّ أَنْزِلْنِي مُنْزَلًا مُبْرَكًا وَأَنْتَ خَيْرُ الْمُنْزِلِينَ (المؤمنون: 29)

"My Lord, let me land at a blessed landing place, and

You are the best to accomodate (us)."

• رَبِّ اَدْخِلْنِيْ مُدْخَلَ صِدْقٍ وَّاَخْرِجْنِيْ مُخْرَجَ صِدْقٍ وَّاَجْعَلْ لِّيْ مِنْ لَّدُنْكَ سُلْطٰنًا نَّصِيْرًا (بنی اسرائیل: 80)

"My Lord, cause me to enter a sound entrance and to exit a sound exit and grant me from Yourself a supporting authority."

• اَعُوْذُ بِكَلِمٰتِ اللّٰهِ التّٰمّٰتِ مِنْ شَرِّ مَا خَلَقَ (صحیح مسلم)

"I seek refuge in the totality of the words of Allah from the evil of all creation."

Words for making Intention *

Intention of Umrah from Meeqat *

"O Allah, I am present for Umrah" • اَللّٰهُمَّ لَبِيْكَ عُمْرَةً

Intention of Hajj from Meeqat:

"O Allah, I am present for Hajj" • اَللّٰهُمَّ لَبَّيْكَ حَجًّا

After making intention, it is *masnun* * to say these words once.

اَللّٰهُمَّ حِجَّةً لَا رِيَاءَ فِيْهَا وَلَا سُمْعَةً (سنن ابن ماجه)

"O Allah! The purpose of my Hajj is neither to show off nor earn any reputation."

Talbiyah

لَبَّيْكَ اَللّٰهُمَّ لَبَّيْكَ ، لَبَّيْكَ لَا شَرِيْكَ لَكَ لَبَّيْكَ ، اِنَّ
الْحَمْدَ ، وَالنِّعْمَةَ لَكَ وَالْمُلْكَ ، لَا شَرِيْكَ لَكَ (صحيح بخارى)

"Here I am O Allah, here I am. Here I am, You have no partner, here I am. Indeed for You is all praise and favour, and for You is the dominion (of all things).

There is no partner to You".

Upon entering the city

• اللَّهُمَّ بَارِكْ لَنَا فِيهَا (ثَلَاثًا) (معجم للطبراني)

"O Allah, grant us good in it (city, town)" (3 times)

• اللَّهُمَّ ارْزُقْنَا جَنَاهَا وَحَبِّبْنَا إِلَى أَهْلِهَا وَحَبِّبْ صَالِحِي أَهْلِهَا

إِلَيْنَا (معجم للطبراني)

"O Allah, grant us the fruit of this (place) and create love in its people for us and create love in our hearts for the righteous people of this (place)."

Upon entering the Mosque

Put your right foot inside the mosque and recite :

بِسْمِ اللَّهِ وَالسَّلَامُ عَلَى رَسُولِ اللَّهِ اللَّهُمَّ اغْفِرْ لِي ذُنُوبِي وَافْتَحْ

لِي أَبْوَابَ رَحْمَتِكَ (سنن ابن ماجه)

"In the Name of Allah, and Peace be upon the Messenger of Allah, O Allah! Forgive my sins and open the doors of Your mercy for me."

Upon leaving the Mosque

Put your left foot outside the mosque and recite :

بِسْمِ اللَّهِ وَالسَّلَامُ عَلَى رَسُولِ اللَّهِ اللَّهُمَّ اغْفِرْ لِي ذُنُوبِي وَافْتَحْ
لِي أَبْوَابَ فَضْلِكَ (سنن ابن ماجه)

"In the Name of Allah, and Peace be upon the
Messenger of Allah, O Allah! forgive my sins and open
the doors of Your favours for me."

Upon sighting the house of Allah

Any dua can be recited for example

رَبِّ أَوْزِعْنِي أَنْ أَشْكُرَ نِعْمَتَكَ الَّتِي أَنْعَمْتَ عَلَيَّ وَعَلَى وَالِدَيَّ
وَأَنْ أَعْمَلَ صَالِحًا تَرْضَاهُ وَأَصْلِحْ لِي فِي ذُرِّيَّتِي إِنِّي تُبْتُ إِلَيْكَ
وَإِنِّي مِنَ الْمُسْلِمِينَ O (الاحقاف:15)

"My Lord, enable me to be grateful for Your favor which

You have bestowed upon me and upon my parents,
and to do the righteous deeds which You approve of,
and make my offsprings righteous for me. Indeed, I
repent to You, and indeed, I am of the Muslims."

Supplication for Tawaf *

Begin Tawaf with Istilaam * of Hajr-e-Aswad * (The
black stone) by saying:

• بِسْمِ اللَّهِ الْأَكْبَرِ

"In the name of Allah, Allah is the Greatest."

During Tawaf recite Quran, *Tasbeeh-O-Tehleel* *, duas
and supplications. (There is no specific dua for each
round of tawaf, authenticated by sunnah).

Dua to be recited between the Yemeni

corner (*Rukn-e-Yemeni* *) and Hajr-e-Aswad

• رَبَّنَا آتِنَا فِي الدُّنْيَا حَسَنَةً وَفِي الْآخِرَةِ حَسَنَةً وَقِنَا عَذَابَ النَّارِ

(البقرة:201)

"Our Lord, give us good in this world and good in the Hereafter and protect us from the punishment of the Fire."

At the *Maqaam-e-Ibrahim* *

After completing *tawaf*, come towards

Maqaam-e-Ibrahim by reciting following portion of the ayat.

• وَاتَّخِذُوا مِنْ مَّقَامِ إِبْرَاهِيمَ مُصَلًّى (البقرة:125)

"And take, from the standing place of Abraham a place of prayer."

Here, offer two raka'at nafal of Tawaf. Recite surah

Al-Kafirun in first rakat and surah **Al-Ikhlās** in the second rakat.

Upon drinking *Zamzam*

Pray before drinking Zamzam e.g :

رَبَّنَا لَا تُزِغْ قُلُوبَنَا بَعْدَ إِذْ هَدَيْتَنَا وَهَبْ لَنَا مِنْ لَدُنْكَ رَحْمَةً
إِنَّكَ أَنْتَ الْوَهَّابُ ۝ (آل عمران: 8)

"Our Lord, let not our hearts deviate after You have guided us and grant us mercy, from Yourself. Indeed, You are the Bestower."

Going to *Sa'ee* *

إِنَّ الصَّفَا وَالْمَرْوَةَ مِنْ شَعَائِرِ اللَّهِ. أَبْدَأُ بِمَا بَدَأَ اللَّهُ بِهِ (صحيح مسلم)

"Indeed, As-Safa and Al-Marwah are among the symbols of Allah; We begin with what Allah began with."

Beginning *Sa'ee* from *As-Safa*

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ وَهُوَ
عَلَى كُلِّ شَيْءٍ قَدِيرٌ، لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ أَنْجَزَ وَعْدَهُ وَنَصَرَ

عَبْدَهُ وَهَزَمَ الْأَحْزَابَ وَحْدَهُ (صحيح مسلم)

"There is no one worthy of worship except Allah, the One and Only, there is no partner to Him. For Him is the kingdom and for Him is all praise, and He is upon everything All-powerful. There is no one worthy of worship except Allah, the One and Only. He fulfilled His promise, aided His servant and single-handedly defeated the allies."

Going towards A'rafat

Best supplication of the day of Arafat that Messengers (AS) recited:

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ وَهُوَ
عَلَى كُلِّ شَيْءٍ قَدِيرٌ (جامع ترمذی)

"There is no one worthy of worship except Allah, the One and Only, there is no partner to Him. For Him is the kingdom and for Him is all praise, and He is upon

everything All-powerful."

Upon throwing stones on *Jamaraat* *

While throwing each stone say:

"Allah is the Greatest." **اللَّهُ أَكْبَرُ**

Visiting *Masjid-e-Nabawi*

☆ Upon entering Madina recite supplication for entering a city.

☆ Upon entering *Masjid-e-Nabawi* recite supplication for entering a masjid.

☆ Facing towards *Hujra-e-Mubarak* say *salam* to prophet Muhammad ﷺ in the following words:

السَّلَامُ عَلَيْكَ يَا رَسُولَ اللَّهِ (سنن بيهقي)

"O Messenger of Allah! peace be upon you."

In addition, it is *Mustahib* (recommended) to recite

Darood-e-Ibrahimi.

اَللّٰهُمَّ صَلِّ عَلٰى مُحَمَّدٍ وَعَلٰى اٰلِ مُحَمَّدٍ كَمَا صَلَّيْتَ عَلٰى
اِبْرٰهِيْمَ وَعَلٰى اٰلِ اِبْرٰهِيْمَ اِنَّكَ حَمِيْدٌ مَّجِيْدٌ. اَللّٰهُمَّ بَارِكْ
عَلٰى مُحَمَّدٍ وَعَلٰى اٰلِ مُحَمَّدٍ كَمَا بَارَكْتَ عَلٰى اِبْرٰهِيْمَ وَعَلٰى
اٰلِ اِبْرٰهِيْمَ اِنَّكَ حَمِيْدٌ مَّجِيْدٌ (صحيح بخارى)

"O Allah! Shower Your mercy upon Muhammad
(S.A.W) and the followers of Muhammad (S.A.W), as
You showered Your mercy upon Ibrahim (AS) and the
followers of Ibrahim (AS). Behold, You are
Praiseworthy, Glorious. O Allah! Shower Your blessing
upon Muhammad (S.A.W) , and the followers of
Muhammad (S.A.W) as You showered Your blessings
upon Ibrahim (AS) and the followers of Ibrahim (AS).
Behold, You are Praiseworthy, Glorious."
Then say salam to Hazrat Abu Bakar Siddique (RA)

and Hazrat Umer (RA) in these words:

السَّلَامُ عَلَيْكَ يَا أَبَا بَكْرٍ الصِّدِّيقُ، السَّلَامُ عَلَيْكَ يَا عَمْرُ الْفَارُوقُ

(سنن بيهقي)

"O Abu Bakar Siddique (RA)! Peace be upon you,
O Umer Farooq (RA)! Peace be upon you."

During visit of *Baqi-e-Gharqad*

السَّلَامُ عَلَيْكُمْ دَارَ قَوْمٍ مُؤْمِنِينَ وَآتَاكُمْ مَا تُوْعَدُونَ عَدَا مُؤَجِّلُونَ
وَإِنَّا إِن شَاءَ اللَّهُ بِكُمْ لَاحِقُونَ اللَّهُمَّ اغْفِرْ لِأَهْلِ بَقِيْعِ الْعَرْقَدِ

(صحيح مسلم)

"Peace be upon you, abode of a people who are
believers. What you were promised would come to you
tomorrow, you receiving it after some delay; and
God-willing, we shall join you. O Allah! grant
forgiveness to the inhabitants of *Baqi-e-Gharqad*."

[Check it through this weblink:](#)

Masnun supplications to be recited after the obligatory prayer

"Allah is the Greatest." (Aloud, once) **اللَّهُ أَكْبَرُ**

"I seek Allah's forgiveness." (Quietly, 3 times) **أَسْتَغْفِرُ اللَّهَ**

اللَّهُمَّ أَنْتَ السَّلَامُ وَمِنْكَ السَّلَامُ تَبَارَكْتَ يَا ذَا الْجَلَالِ وَالْإِكْرَامِ

(صحيح مسلم)

"O Allah! You are peace and from You is peace and security. You are greatly blessed. O, One of Majesty

and Honour."

رَبِّ اَعِنِّي عَلٰى ذِكْرِكَ وَشُكْرِكَ وَحُسْنِ عِبَادَتِكَ

(سنن نسائي)

"My Lord! Help me to remember You, be grateful to You and worship You in the best way."

رَبِّ قِنِي عَذَابَكَ يَوْمَ تَبْعَثُ اَوْ تَجْمَعُ عِبَادَكَ (صحيح مسلم)

"O my Lord! Save me from Your punishment on the Day when You will resurrect or gather Your servants".

لَا اِلَهَ اِلَّا اللّٰهُ وَحْدَهُ، لَا شَرِيكَ لَهٗ، لَهٗ الْمُلْكُ وَلَهٗ الْحَمْدُ

وَهُوَ عَلٰى كُلِّ شَيْءٍ قَدِيْرٌ ط اللّٰهُمَّ لَا مَانِعَ لِمَا اَعْطَيْتَ وَلَا مُعْطِيَ

لِمَا مَنَعْتَ وَلَا يَنْفَعُ ذَا الْجَدْمِ مِنْكَ اَلْحَمْدُ (متفق عليه)

"There is no one worthy of worship except Allah, the One and Only, there is no partner to Him (have

checked and verified from english group girls). For Him is the kingdom and for Him is all praise, and He is upon everything All-powerful. O Allah! No one can withhold what You have granted and no one can grant what You have withheld, and the wealth of the affluent will not avail him against You."

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ، لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ
وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ ط لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ، لَا إِلَهَ إِلَّا اللَّهُ
وَلَا نَعْبُدُ إِلَّا إِيَّاهُ، لَهُ النِّعْمَةُ وَلَهُ الْفَضْلُ وَلَهُ الثَّنَاءُ الْحَسَنُ لَا إِلَهَ
إِلَّا اللَّهُ مُخْلِصِينَ لَهُ الدِّينَ وَلَوْ كَرِهَ الْكَافِرُونَ (صحيح مسلم)

"There is no one worthy of worship except Allah, the One and Only, there is no partner to Him. For Him is the kingdom and for Him is all praise, and He is upon everything All-powerful. There is no might or power except with Allah, There is no one worthy of worship

except Allah and we worship none except Him. For Him is all favour, grace, and glorious praise. There is no one worthy of worship except Allah and we are sincere in *Deen* to Him even though the disbelievers detest it."

• اَللّٰهُمَّ اِنِّىْ اَعُوْذُ بِكَ مِنَ الْجُبْنِ وَ اَعُوْذُ بِكَ مِنَ الْبُخْلِ وَ
اَعُوْذُ بِكَ مِنْ اَنْ اُرَدَّ اِلَى اَرْضِ الْعُمُرِ وَ اَعُوْذُ بِكَ مِنْ فِتْنَةِ
الدُّنْيَا وَ عَذَابِ الْقَبْرِ (صحيح بخارى)

"O Allah indeed I seek refuge in You from cowardice, and I seek refuge in You from miserliness, and I seek refuge in You from being sent back to deteriorating old age, and I seek refuge in You from the trials of this world and from the punishment of the grave."

Glory be to Allah (33 times) سُبْحَانَ اللَّهِ

All Praise is for Allah (33 times) اَلْحَمْدُ لِلَّهِ

Allah is the Greatest (34 times)

اللَّهُ أَكْبَرُ

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ، لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ

وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ (صحيح مسلم)

"There is no one worthy of worship except Allah, the One and Only, there is no partner to Him. For Him is the kingdom and for Him is all praise, and He is upon everything All-powerful." (once)

Surah Al-Falaq (3 times)

Surah An-Nas (3 times)

Ayat-al-Kursi (once)

سُبْحَانَ رَبِّكَ رَبِّ الْعِزَّةِ عَمَّا يَصِفُونَ ۝ وَسَلَامٌ عَلَى الْمُرْسَلِينَ ۝

وَالْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ ۝ (جامع ترمذی)

" Glorified is your Lord, Lord of Honour, far above from what they ascribe to Him. And peace be upon the Messengers. And all praise is for Allah, the Lord of the worlds." (3 times)

Supplications to be recited on return from journey

اللَّهُ أَكْبَرُ ، اللَّهُ أَكْبَرُ ، اللَّهُ أَكْبَرُ ، سُبْحَانَ الَّذِي سَخَّرَ لَنَا هَذَا
وَمَا كُنَّا لَهُ مُقْرِنِينَ وَإِنَّا إِلَى رَبِّنَا لَمُنْقَلِبُونَ ط اللَّهُمَّ إِنَّا نَسْأَلُكَ فِي
سَفَرِنَا هَذَا الْبِرَّ وَالتَّقْوَى وَمِنَ الْعَمَلِ مَا تَرْضَى ، اللَّهُمَّ هَوِّنْ عَلَيْنَا
سَفَرَنَا هَذَا وَاطْوِعْنَا بَعْدَهُ ، اللَّهُمَّ أَنْتَ الصَّاحِبُ فِي السَّفَرِ وَالْخَلِيفَةُ
فِي الْأَهْلِ ، اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنْ وَعَثَائِ السَّفَرِ وَكَآبَةِ الْمَنْظَرِ
وَسُوءِ الْمُنْقَلَبِ فِي الْمَالِ وَالْأَهْلِ ، آتِيُونَ تَائِبُونَ عَابِدُونَ لِرَبِّنَا

حَامِدُونَ. (صحيح مسلم)

"Allah is the Greatest, Allah is the Greatest, Allah is the Greatest. Glory be to Him Who subjugated for us this (conveyance) when we were not the ones who were able to subdue it. And indeed towards our Lord we will surely return. O Allah, Indeed we ask You in this journey, righteousness, piety and deeds which are pleasing to You. O Allah, make this journey easy for us and lessen its distance. O Allah indeed You are our Companion on this journey and the guardian of our family. O Allah, I seek refuge with You from the hardships of the journey and from seeing bad things

and from an evil return towards my wealth and family.

We are returners, repenters, worshippers and the ones praising our Lord."

When meeting family members after journey

أَوْبًا أَوْبًا لِرَبِّنَا تَوَّابًا لَا يَغْدِرُ عَلَيْنَا حُوبًا (المعجم الكبير للطبراني)

"Returning, returning, we seek forgiveness from our Lord, with such a repentance that leaves us with no sin".

Supplication to be recited for the forgiveness of the dead, during his funeral prayer

اللَّهُمَّ اغْفِرْ لَهُ وَارْحَمْهُ وَعَافِهِ وَاعْفُ عَنْهُ وَآكِرِمْ نُزُلَهُ وَوَسِّعْ مُدْخَلَهُ وَاغْسِلْهُ بِالْمَاءِ وَالثَّلْجِ وَالْبَرَدِ وَنَقِّهِ مِنَ الْخَطَايَا كَمَا

نَقَّيْتُ الثَّوْبَ الْأَبْيَضُ مِنَ الدَّنَسِ وَأَبَدَلْتُهُ دَارًا خَيْرًا مِنْ دَارِهِ
وَأَهْلًا خَيْرًا مِنْ أَهْلِهِ وَزَوْجًا خَيْرًا مِنْ زَوْجِهِ وَأَدْخَلْتُهُ الْجَنَّةَ وَ
أَعَدَدْتُهُ مِنْ عَذَابِ الْقَبْرِ وَمِنْ عَذَابِ النَّارِ (صحيح مسلم)

"O Allah! forgive him, have mercy upon him, give him peace and absolve him. Receive him with honour and make his entrance (grave) spacious. Wash him with water, snow and hail. Cleanse him of his faults as a white garment is cleansed of stains. Requite him with an abode more excellent than his abode, with a family better than his family, and with a mate better than his mate. Admit him to the Paradise, and protect him from the torment of the grave and the torment of the Hell-fire."

Glossary

Intention:

Making/pronouncing of niyah.

Meeqat:

The place around Makkah where the pilgrim changes into Ihram and pronounces his intention to perform Umra or Hajj. This place is anchored by different townships and localities in different directions (Zul Hulaifa in the north, Yalamlam in the south-east, Dhat Irq in the north-east, Juhfah in the north-west, Qarn ul Manazil in the east.) For people living inside the Meeqat permanently, their place of residence is their Meeqat.

Masnun:

The ways/practices authenticated by the words and actions of Prophet Muhammad (S.A.W)

Sha`a'ir Allah:

Refers to all those holy places/things/rites which are the

characteristic symbols of exclusive devotion to ALLAH SWT.

Tawaf:

Circumambulation of Ka'aba in 7 rounds.

Hajar-e-Aswad:

The Heavenly Black Stone built into the south-east corner of the Kabah at a height of approximately four feet. The 7 rounds of 'Tawaf" start from here. Now a green light has been installed, so that people can determine the exact place of this stone, if their mutaf is far from Kabatullah in rush time. During Hajj & Umrah, doing "Istilaam" (touching, kissing, or waving at Hajr-e-Aswad when far from it) is masnun and highly recommended.

The Yemeni Corner:

The corner before Hajar-e-Aswad facing Yemen, is

called Rukn-e-Yemeni. Touching it during Tawaf is also masnun and recommended.

Istilaam:

The act of kissing Hajar-e-Aswad at the beginning and end of every round of the Tawaf. If kissing is impossible, the pilgrim may extend his hand to touch the sacred stone and then kiss his own hand. If even that is not possible, he may raise his hand towards Hajar-e-Aswad and thereafter, kiss his own hand. This act is highly recommended for it has been defined as a source of seeking forgiveness for one's sins.

Tasbeeh-O-Tehleel:

Reciting "Subhan-Allah" and "La-ilaha-ill-Allah"

Maqaam-e-Ibrahim:

The step-stone used by Prophet Ibrahim (AS) during the original construction of the Kabah. The stone

carries the imprints of his feet, and is housed in a glass enclosure on the north side of the Kabah.

Sa'ee:

The devotional act of walking seven circuits (back and forth) between the mounts of As-Safa and Al-Marwah.

The route from As-safa to Al-Marwah is one circuit, and the second would be back to As-Safa from Al-Marwah.

This act retraces the sunnah of Bibi Hajara (AS), wife of Prophet Ibrahim (AS), during her desperate search for water for her infant son, prophet Ismail (AS) after they were left in the desert by Prophet Ibrahim (AS) in response to Allah's commandment.

Jamaraat:

The three stone pillars in Mina, which symbolically represent the locations where the devil (shaitan) is stated (in tradition) to have tried to dissuade Prophet

Ibrahim (AS). The pilgrim stones these pillars on the 10th through to the 13th of Zul Hijjah in commemoration of the rejection of the devil by Prophet Ibrahim (AS), and of his steadfastness to the cause of Allah SWT. The Jamaraat are located within a few hundred feet of one another in a line and are named as Jamrat-al-Kubra, Jamrat-al-Oola, and Jamrat-al-Wusta.